



TNF Malaysia Mountain Trail Festival 2019 - 84KM Ultra Challenge

86.5 km  5290 m  5300 m
START 06.00 AM 14.12.2019 FINISH 10.00 AM 15.12.2019



THE NORTHFACE MALAYSIA MOUNTAIN TRAIL FESTIVAL 2019 84KM ULTRA CHALLENGE TIME LINE											
LOCATION	CP TO CP COT (HRS)	CUMULATIVE COT (HRS)	KM	DISTANCE BTW AID STATIONS	CP TO CP ELEVATION GAIN (m)	CUMULATIVE GAIN (m)	FASTEST PASSAGE	SLOWEST PASSAGE	CUT OFF TIME		CP/ WS TRIPOLGY
									IN	OUT	
START											
SPRITZER ECOPARK	0		0		0	0				6.00am 14-Dec	Race Base
CP0 - JALAN AYER KUNING	2	2	8	8	207	207	6.35am 14-Dec	8.00am 14-Dec			Timing Control/ Water
CP1 - T JUNCTION	3	5	18	10	636	843	7.45am 14-Dec	11.00am 14-Dec		11.00am 14-Dec	Timing Control/ Medic/ Light Refreshments
CP2 - MTB REST STOP	3	8	31	13	809	1652	9.10am 14-Dec	2.00pm 14-Dec		2.00pm 14-Dec	Timing Control/ Medic/ Light Refreshments
CP3 - ANGKASA	5	13	41	10	1270	2922	10.55am 14-Dec	7.00pm 14-Dec			Timing Control/ Medic/ Light Refreshments
CP4 - KAKI BUKIT LARUT THE NORTHFACE CP	2	15	51	10	110	3032	11.40am 14-Dec	9.00pm 14-Dec		9.00pm 14-Dec	Timing Control/ Medic/ Hot Meals 1 Time Drop Bag Access
CP5 - ANGKASA	5	20	63	12	1282	4314	1.40pm 14-Dec	2.00am 15-Dec			Timing Control/ Medic/ Light Refreshments
CP6 - KAKI BUKIT LARUT THE NORTHFACE CP	2	22	73	10	110	4424	2.30pm 14-Dec	4.00am 15-Dec		4.00am 15-Dec	Timing Control/ Medic/ Hot Meals
CP7 - MTB REST STOP	3	25	80	7	580	5004	3.15pm 14-Dec	7.00am 15-Dec		7.00am 15-Dec	Timing Control/ Medic/ Light Refreshments
FINISH SPRITZER ECOPARK	3	28	86.5	6.5	286	5290	4.00pm 14-Dec	10.00am 15-Dec		10.00am 15-Dec	Race Base/ Light Refreshments-Meals

