



# TNF Malaysia Mountain Trail Festival 2019 - 55KM Ultra Challenge

51.9 km 3250 m 3250 m

**START 08.00 AM 14.12.2019 FINISH 01.00 AM 15.12.2019**



THE NORTHFACE MALAYSIA MOUNTAIN TRAIL FESTIVAL 2019 55KM ULTRA CHALLENGE TIME LINE											
LOCATION	CP TO CP COT (HRS)	CUMULATIVE COT (HRS)	KM	DISTANCE BTW AID STATIONS	CP TO CP ELEVATION GAIN (m)	CUMULATIVE GAIN (m)	FASTEST PASSAGE	SLOWEST PASSAGE	CUT OFF TIME		CP/ WS TRIPOLOGY
									IN	OUT	
START											
SPRITZER ECOPARK	0		0		0	0				8.00am 14-Dec	Race Base
CP1 - T JUNCTION	3	3	11	11	441	441	9.00am 14-Dec	11.00am 14-Dec		11.00am 14-Dec	Timing Control/ Medic/ Light Refreshments
CP2 - MTB REST STOP	3	6	19	8	634	1075	9.10am 14-Dec	2.00pm 14-Dec		2.00pm 14-Dec	Timing Control/ Medic/ Light Refreshments
CP3 - ANGKASA	5	11	29	10	1270	2345	11.45am 14-Dec	7.00pm 14-Dec			Timing Control/ Medic/ Light Refreshments
CP4 - KAKI BUKIT LARUT THE NORTHFACE CP	2	13	39	10	110	2455	12.30pm 14-Dec	9.00pm 14-Dec		9.00pm 14-Dec	Timing Control/ Medic/ Hot Meals
CP5 - MTB REST STOP	2	15	46	7	580	3035	1.15pm 14-Dec	11.00pm 14-Dec		11.00pm 14-Dec	Timing Control/ Medic/ Light Refreshments
FINISH SPRITZER ECOPARK	2	17	52.5	6.5	286	3321	2.00pm 14-Dec	1.00am 15-Dec		1.00am 15-Dec	Race Base/ Refreshments - Meals

